

Gita Meditations

Volume I (40 minutes)



From the book, 'Gita Meditations' by Sri Swami Sivananda

Read by Swami Suryadevananda

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Gita Meditations, Volume I

1. Opening | 00:50
2. Introduction | 02:01
3. Universal Prayer | 01:14
4. Meditation on the Supreme Being | 04:55
5. Section I, God and Jiva | 14:04
6. Section II, The Mahatma or Saint | 15:55